
Delivering the Health and Wellbeing Strategy - Quarter One 2017/18 Update – Supporting Information

1. Introduction/Background

- 1.1 The [West Berkshire Joint Health and Wellbeing Strategy 2017-2020](#) was approved by the Health and Wellbeing Board (the Board) on 24 November 2016 and adopted by the Council on 2 March 2017.
- 1.2 The Strategy sets out two priorities for 2017. The Board intends to achieve progress against these objectives to be achieved by the end of 2017/18. These are:
- (1) Reduce alcohol related harm for all age groups
 - (2) Increase the number of Community Conversations through which local issues are identified and addressed
- 1.3 The Strategy sets out five strategic aims that the Board is working towards. Under each aim, three to five objectives specify what the Board wants to do to achieve its aims. Two objectives have been chosen as the Board's priorities for 2017 (above). The Health and Wellbeing Board wants to achieve measurable progress against these aims by the end of the period covered by the Strategy (2020). The aims are:
- (1) Give every child the best start in life
 - (2) Support mental health and wellbeing throughout life
 - (3) Reduce premature mortality by helping everyone live healthier lives
 - (4) Build a thriving and sustainable environment in which communities can flourish
 - (5) Help older people maintain a healthy, independent life for as long as possible
- 1.4 When the Strategy was written, the author intended that the full list of objectives would encapsulate the aspects of health and wellbeing which had been identified as significant issues following analysis of the District Needs Assessment. The author also intended that the Health and Wellbeing Board would choose annually a small number of objectives to be its priorities for the forthcoming year.
- 1.5 The previous meeting of the Board received a report that outlined the activities being completed by the Board's sub-groups to deliver measurable progress towards the aims and objectives in the Health and Wellbeing Strategy. The purpose of this report is to provide an update on the progress made at quarter one of 2017/18 and, as we enter the second half of the year, initiate discussion on which objectives the Board should choose as their priorities for next year.

2. Priority for 2017/18: Reduce Alcohol Related Harm for all Age Groups

- 2.1 Reducing alcohol related harm has been chosen by the Board as a priority for 2017 and the Board receives detailed reports at each of its meetings regarding the progress of the Alcohol Harm Reduction Partnership in developing a strategic approach to alcohol related harm. These reports also detail progress regarding the two main projects: Identification and Brief Advice training and the Blue Light project.
- 2.2 Alcohol Concern has now been commissioned to deliver the Blue Light project and a stakeholder event has been planned for 17 October 2017. The training programme on the Blue Light approach will commence in November 2017, including some train the trainer sessions. The Alcohol IBA training has been put onto the procurement portal, with a provider to be appointed by the beginning of November 2017.
- 2.3 Progress has also been made in arranging for West Berkshire to become a Community Alcohol Partnership area. Further information on the activity of the Alcohol Harm Reduction Partnership can be found in a separate report on this agenda.
- 2.4 As we near the end of quarter two, the two projects are still in the early stages and are some way off realising the intended outcomes. The Board might therefore wish to consider extending the period for which this objective is a priority, in order to ensure the delivery of improved outcomes, unless they are satisfied that work is underway and progress will continue to be reported through the dashboard.

3. Priority for 2017/18: Increase the number of Community Conversations through which local issues are identified and addressed

- 3.1 Increasing the number of Community Conversations has been chosen by the Board as a priority for 2017 and the Board receives detailed reports at each of its meetings regarding the progress of the Building Communities Together Partnership and Team in supporting them.
- 3.2 The Board have received an update on the progress of the Hungerford Community Conversation (a community of professionals) on the topics of domestic abuse and mental health at the 28 September 2017 meeting.
- 3.3 As we near the end of quarter two the dashboard demonstrates that this work is generating pace and interest among communities. The Steering Group have accepted that it might take some time before the outcomes can be fully realised but the current level of outputs are positive.

4. Strategic Aim: Give Every Child the Best Start in Life

- 4.1 The aim to give every child the best start in life carries the following objectives:
- (1) Decrease the educational attainment gap between children on free school meals and the rest
 - (2) Reduce childhood obesity
 - (3) Improve educational and health outcomes for Looked After Children
 - (4) Support the health and wellbeing of young carers

- 4.2 The Children’s Delivery Group is focusing its activity on objectives (1), (3) and (4) above. Additionally they hold responsibility for the Emotional Health Academy which supports the objective to promote the emotional health and wellbeing of children.
- 4.3 Progress at quarter one is generally good and the Board should recognise the role of the Emotional Health Academy in particular, and the other activities of the Children’s Delivery Group, in the vastly improved judgement of West Berkshire Council’s Children’s Services by Ofsted as ‘good’. West Berkshire is the first unitary authority to progress two grades under the Ofsted inspection regime.
- 4.4 Performance is showing as red against % of LAC (aged 4-16 and in care for more than 12 months) who have had a SDQ (Strengths and Difficulties Questionnaire) assessment within the last year. Performance is at 98.8% in quarter one against an ambitious target of 100%. Considering that performance had been at 20% until 2016, the Health and Wellbeing Board is requested to permit a 2% tolerance to recognise the excellent performance which had been achieved against an ambitious target.
- 4.5 The Children’s Delivery Group partnership led conference for schools focussed on understanding and managing Autistic presenting behaviours in children, in order to support a reduction in school exclusions, was well received by schools and the learning from the conference continues to be disseminated between now and Christmas to ensure all schools have access to this learning.
- 4.6 A new Chair is being sought for the Children’s Delivery Group, as Andrea King, Head of Service for Prevention & Safeguarding, is to step down having completed her term as Chair.

5. Strategic Aim: Support mental health and wellbeing throughout life

- 5.1 The aim to support mental health and wellbeing throughout life carries the following objectives:
- (1) Promote the emotional health and wellbeing of children
 - (2) Promote positive mental health and wellbeing for adults
 - (3) Prevent suicide and self-harm for adults and young people
 - (4) Decrease social isolation
 - (5) Ensure early assessment of and good provision of care for those with dementia
- 5.2 The Council’s Public Health and Adult Social Care Services, Berkshire West CCG Federation, Berkshire Healthcare Foundation Trust and Berkshire’s Shared Public Health Team conduct a variety of activities on Berkshire-wide, Berkshire West and West Berkshire footprints in support of the above objectives. At the meeting of the Health and Wellbeing Board on 30 March 2017, the Board received presentations from a number of speakers to outline some of these activities. At this meeting it became clear that further work was required to align the array of activities and to clarify the priorities and areas for action on mental health in West Berkshire.

- 5.3 In June 2017 Judith Wright (Interim Director of Public Health) facilitated a workshop which examined existing strategies, services and activity, including the report from Healthwatch’s ‘Thinking Together’ event held in May 2017. Attendees determined that further activity was required on the following:
- (1) Coaching, peer support and social prescribing
 - (2) Employment and employers
 - (3) Engagement and literacy
 - (4) Recovery
- 5.4 The outcome of the workshop was that a new Mental Health Action Group (MHAG) was established, to be chaired by Healthwatch’s Andrew Sharp and Tandra Forster, Head of Adult Social Care at the Council. The MHAG met for the first time on 17 August 2017 and will be compiling an action plan based on the outcomes of the workshop.
- 5.5 It is also pertinent to note that following adoption of the Berkshire Suicide Prevention Strategy, a Suicide Action Group has been established to implement the practical recommendations outlined in the strategy. The Action Group is chaired by Garry Poulson of the Volunteer Centre West Berkshire and the group has already set in place a range of actions and brought together influential partners to tackle this issue. Key amongst these actions is a workshop for employers at Shaw House on 11 October 2017 to assist with recognising the signs of stress in order to help prevent deaths by suicide.
- 5.6 Regarding objective (5), ensure early assessment of and good provision of care for those with dementia, the Steering Group received a presentation from Dementia Design Specialist Architects at its meeting on Thursday 7 September 2017. The presentation outlined the benefits of designing dementia enabling environments to promote good quality care and prevent unnecessary hospital admissions. The Steering Group have asked Tandra Forster, Head of Adult Social Care, to come forward with a short project brief to ensure the principles are applied to the Council’s care homes.

6. Strategic Aim: Reduce premature mortality by helping everyone live healthier lives

- 6.1 The aim to reduce premature mortality by helping everyone live healthier lives carries the following objectives:
- (1) Reduce alcohol related harm across the district for all age groups
 - (2) Increase uptake of NHS Health Checks
 - (3) Support residents to stop smoking and reduce substance misuse
 - (4) Support residents to be more physically active, achieve a healthy weight and eat a healthy diet

- 6.2 The Alcohol Harm Reduction Partnership is responsible for delivering measurable change in 2017 on behalf of the Board and further information has been reported above.
- 6.3 The Council's Public Health Team and the Berkshire West CCG Federation, as part of the Accountable Care System, are responsible for business as usual activities in support of objectives (2), (3) and (4).
- 6.4 At present, the activities which the Board is overseeing in support of the aim to 'reduce premature mortality...' is limited to reducing alcohol related harm.
- 6.5 The Steering Group does not consider that the Board needs to direct any additional activity in respect of these objectives at this stage because West Berkshire' performance is, on the whole, better than the national average. That said West Berkshire's performance against NHS health checks requires improvement so the Public Health Team have developed an action plan. It is not considered that any Board involvement is required at this time.

7. Strategic Aim: Build a thriving and sustainable environment in which communities can flourish

- 7.1 The aim to build a thriving and sustainable environment in which communities can flourish carries the following objectives:
- (1) Increase the number of Community Conversations through which local issues are identified and addressed
 - (2) Ensure that housing is of good quality, accessible and affordable
 - (3) Improve rural access to services
 - (4) Decrease levels of air pollution in areas that need it
 - (5) Increase the number of reports of Domestic Abuse and reduce repeat incidents of abuse reported to Thames Valley Police
- 7.2 The Building Communities Together (BCT) Partnership and Team are responsible for delivering measurable change within 2017 on behalf of the Board regarding objectives (1) and (5).
- 7.3 The dashboard indicates good performance in respect of the delivery of identified actions for these objectives.
- 7.4 The Health and Wellbeing Steering Group have noted that not all objectives will have delivery plans but has particularly noted that for objectives (2) and (3) above, the Board might wish to consider what role it can take in 2018/19.
- 7.5 The Problem Solving Session on 19 October 2017 will feature a workshop to identify the future role of the Health and Wellbeing Board in housing and transport infrastructure, in order to support the delivery of improved outcomes against objectives (2) and (3).

8. Strategic Aim: Help older people maintain a healthy, independent life for as long as possible

8.1 The aim to help older people maintain a healthy, independent life for as long as possible carries the following objectives:

- (1) Prevent falls and ensure integrated care for those who have sustained a fall
- (2) Maximise independence for older people and those with long-term conditions
- (3) Ensure good end of life care is available and residents are able to die where they choose

8.2 The Ageing Well Task Group (AWTG) is responsible for activities to support objective (1). Data is not yet available for many of the AWTG's activities, however it should be noted that in the main they are for delivery in the medium term.

9. Integration

9.1 Integration is a cross cutting theme across the priorities, aims and objectives in the Health and Wellbeing Strategy and each sub-group needs to pursue integrated ways of working.

9.2 The West Berkshire Locality Integration Board (LIB) oversees the performance of the Better Care Fund (BCF) projects locally. There had been a delay in the publication of the national guidance which was eventually published in early July. The final BCF submission was approved under delegated authority by the Head of Adult Social Care, in consultation with the Chairman and Vice-Chairman of the Health and Wellbeing Board and submitted on Monday 11 September 2017.

9.3 The detailed plan for West Berkshire is outlined in a separate report on the agenda.

9.4 Indicators for the 4 national conditions under the BCF Plan will be reported in future iterations of the dashboard.

10. Conclusion

10.1 Delivery of the Health and Wellbeing Strategy 2017-2020 is still in the early stages and the sub-groups still have work to do to define the outcomes they are seeking to achieve.

10.2 One of the indicators for the Children's Delivery Group is showing as red. The Board are requested to permit a 2% tolerance in recognition that there is still excellent performance against an ambitious target.

10.3 There is still no action plan for the aim to support mental health and wellbeing throughout life. Governance arrangements have changed and the new Mental Health Action Group now have responsibility to drive local activities on mental health. The Board could consider adopting mental health as a priority in 2018 to ensure that this section of the strategy is delivered.

10.4 The Steering Group believe that the potential role of the Board should be explored regarding the objectives to ensure access to good quality housing and rural services. A Problem Solving Session will be held on 19th October 2017 to further explore what role the Health and Wellbeing Board might have in delivering these objectives.

11. Consultation and Engagement

11.1 Health and Wellbeing Steering Group

Background Papers: West Berkshire Joint Health and Wellbeing Strategy 2017-2020

Strategic Aims and Priorities Supported:

The proposals will help achieve the following Council Strategy aims:

- BEC – Better educated communities**
- P&S – Protect and support those who need it**
- HQL – Maintain a high quality of life within our communities**
- MEC – Become an even more effective Council**

The proposals contained in this report will help to achieve the following Council Strategy priorities:

- BEC1 – Improve educational attainment**
 - BEC2 – Close the educational attainment gap**
 - P&S1 – Good at safeguarding children and vulnerable adults**
 - HQL1 – Support communities to do more to help themselves**
 - MEC1 – Become an even more effective Council**
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